From the Principal: Ms Reeves

HSC Trials

Our Year 12 students have received their trial HSC exams and, while most subjects have course work to complete and another assessment task, students are receiving feedback on how to improve on their results. All students can work to add marks on their HSC examinations. As my Year 6 teacher use to chant: Good, better, best; never let it rest. Let your good get better and your better, best.

Students need to reflect on their performance, what they did well and where they can improve; whether it is in exam technique, working out what a question is actually asking, structuring extended responses, giving more information, using the HSC verbs, now is the time to practise and to refine skills.

Students have been advised that the best revision is doing past HSC papers. One technique I suggested to Year 12 at their year assembly is to focus on one topic within a subject at a time and complete the sections on that topic from several past papers. All teachers will gladly receive students’ attempts and give feedback. I urge students to take up the offer of their class teachers to mark past papers.

In the last newsletter of last term, Mr Grant wrote on the discussion that was taking place about where to place the HSC trials. There are arguments for and against placing the Trials at the end of Term 2 or in different weeks in Term 3. The Executive reviewed our current practice and decided to keep their Trials where they are, that is, in the last two weeks of Term 2. In making this decision we sought the views of students, who were overwhelmingly in support of our current placement. One of the benefits of holding the Trials at the end of Term 2, is that students get the opportunity to receive and use teacher feedback to improve their results.

Professional Learning

Muirfield staff ended last term and begun this term with professional learning.

At the end of last term, the Leadership Team, which is made up of the Executive staff and leading teachers, attended our annual Executive Conference. The key-note speaker, Dr Tony Loughland, from the Faculty of Education and Social Work at the
University of Sydney, presented on the Australian Professional Standards for Teachers and how leaders can use the Standards, and models and frameworks on teaching, to guide professional conversations on how to improve classroom practice. The day was extremely valuable and has provided the Leadership Team with some direction for the next cycle of planning.

School development days provide us with a significant amount of time to engage in professional learning. On the first day back for school staff this term, teachers looked at HSC assessment. We discussed HSC student work load, assessment tasks which allow the full range of skills to be assessed and how best to schedule tasks. The middle of the day was focused on theories of brain development and how reflexes impact on students’ ability to learn and process information. Faculties worked collaboratively on approaches to differentiate teaching to engage all students in the classroom. All staff also looked at how to build and protect their own well-being with sessions on voice protection and stress management.

This term, teachers will engage in reciprocal class observations and collegial conversations on how to improve aspects of teaching. Some areas that teachers are investigating include how to structure lessons to maximise student engagement and how to encourage student self-direction.

It is heartening to work with colleagues who openly and actively engage in professional learning and critical professional conversations to improve their practice.

**Community Support**

I thank all parents, students and other Muirfield supporters who sold raffle tickets, baked cakes and other treats for the stall and worked on the barbeque in the recent fundraising efforts. It is wonderful to have such support from the Muirfield community.

The P&C have continued to fund grounds beautification and the purchase of additional resources for the school. Major projects we will be investigating in the next 12 months include air-conditioning the up-stairs rooms and refurbishing the library to make it more suited to 21st century learning.

The winner of the Money Tree was Karen Bayliss, a member of our local community. I hope some of the scratchies bore fruit for her!

Earlier in the term a small but committed group of workers spent the day undertaking grounds maintenance. A big thank you to Mark Hutchison, Cheryl, Andrew and Ryan Gabb, Kathryn Rieger and Stuart Brownscomb for putting in a day of hard, physical labour. We have a large site and with so many trees it is not easy for our GA to keep on top of it all as well as
improving the gardens. By removing tidying the gardens and spreading mulch, the working party significantly improved the visual appearance of our entrance.

Participation - Building Commitment, Resilience, Perseverance, Community

I know I have repeatedly spoken and written about one of our core values, that of participation – being part of the community and availing oneself of the opportunities offered at the school. We offer a broad range of extra-curricular activities at Muirfield. In the past three weeks there have been Sydney West netball gala, Zone and Regional Athletics, State Cross Country, Macquarie University Science and Engineering Challenge, SRC Spirit Week, debating competition, Primary-Secondary partnerships in reading and welfare programs and the Ryde Eisteddfod. Coming soon we have MADD Night and visiting Japanese students. A wealth of opportunities for students to develop skills and to shine!

While we have outstanding individual athletes, our overall success at Zone Athletics has been the result of increased participation, specifically more students willing to have a go. As a result, we came second overall, beating much larger schools.

In Week 2 our Opens Boys rugby team competed in the grand final of the Met North-west Boys Zone. We asked to join this competition for rugby as our zone does not offer this sport. All the schools in the Met North-west Boys Zone are boys’ schools, some with over 150 boys in each year group and some with a strong tradition of playing rugby.

We did not win the grand final but we have received many compliments from other schools. There have also been some interesting conversations among staff and students following the Open Boys Rugby game on Wednesday; conversations about values and how we teach and demonstrate and live out our values.

Basically our boys were outclassed, playing a team of highly skilled and drilled and, in the main, much larger boys. We knew that in advance. But our boys played with great heart and courage and held the line. I had numerous principals, deputy principals, sport organisers, coaches and parents approach me during and after the game to let me know what a good game it was to watch and how well our boys played. Our boys did not give up. They played a strong and fair game until the end. Apparently this was unique. The Epping Boys’ Opens only played 4 games this season – 3 of which were against us. Other schools forfeited. Now, there may be many other extenuating factors - injury, illness, teams of much smaller boys that coaches felt a duty of care to protect. But it seems highly unusual that of the 8 schools, only 2 fronted to play the Epping Boys’ Opens.

Participation in extra-curricular activities brings with it a whole lot of other learning and personal development. Fronting to play a game even if you know you will probably lose; playing strongly
throughout the whole game and not giving up; coming back strong after half-time – are all ways to build, and demonstrate, resilience. Facing difficulties in a structured game helps build inner strength. As does persevering while you are losing.

I always told my own sons that once you join a team, you are committed for the season. Only illness and injury stops that commitment. And commitment to your team means you will put in the hard work of training. The boys in our Opens team demonstrated this commitment to the game and to their training every week. The positive approach of our students, the commitment and the perseverance of our team was noted by many others. The coach of Epping Boys’ thanked our boys for their sportsmanship and for their commitment after the game. The coach also thanked us at the formal presentation. We have also received reports from other schools on how well our girls’ netball team conducted themselves in the gala day. It is not just about participating; it is about participating with respect for others and for the game.

Participating in extra-curricular activities also builds community spirit. At the rugby game, our community spirit was clear to all who watched. There was a great contingent of students, parents and teachers watching the game. Our students behaved beautifully and presented a great image for our school. The Randwick coach commented that it was lovely to hear the cheering of our students – the different pitch of our cheers with girls in our crew meant she could hear the two groups of supporters at the back oval where her team was playing.

Our teachers willingly take these extra-curricular activities. I know that the relationships between staff and students that develop as a result of these activities, aid the development of the positive tone of our school. These are part of what makes our school so friendly. A recent email from a parent supports this: My son is thriving at high school, enjoying new opportunities but mostly just happy to be going to school. As a parent I couldn’t ask for more.

I thank all our teachers and support staff who takes an extracurricular activity or sport. They are building the values of commitment, resilience and perseverance our young people. (And not to mention, great fun!)

**Science and Engineering Challenge**

Recently 22 Year 10 gifted Science students attended Macquarie University for the Science and Engineering Challenge. It was a great opportunity for some of our keen science students to work as team to solve a range of scientific and engineering problems. We have some future engineers among our students, coming first in the bridge building challenge. As always, our students were delightful and the Macquarie University coordinator emailed us to thank our students for their enthusiasm. The coordinator added, “Special mention should also be made of your students’ displays of ingenuity, sportsmanship and exemplary behaviour which represented your school so well”. (A student report will be in the next newsletter).
Creative and Performing Excellence – Monday 11 and Tuesday 12 August

Don’t miss out on a wonderful night of entertainment! Tickets for our annual MADD night – a celebration of musical, artistic, dance and drama excellence – are on sale through Riverside box office. This year there will be two nights of performances, with both nights having a different program, the result of hard work of both students and teachers. Massed Year 7 dance, dance ensembles, the Concert Band, guitar groups, rock groups, individual performances, drama ensembles – what a variety!

Lion Club Recycle for Sight

The Lions Club of North Rocks are collecting the frames from prescription glasses (see the letter on page 19 of the newsletter). If you have any old glasses at home please have your child bring them into the front office and we will pass them onto the Lions Club.

Athletics Results

Look out for the Cross Country and Athletics results in the next newsletter. We have had some fantastic results!

Subject Selection Evening

On Monday 4 August 2014 there will be a parent information evening regarding subject selections for students currently in Year 8 entering Year 9 and in Year 10 entering Year 11 in 2015. The evening will be held in the Hall. During the evening information will be given about subjects and courses of study. The Year 8 session will begin at 5pm. The Year 10 session will begin at 7pm.

Subject Selection Booklets will be handed to families as they enter the hall. The booklet is also available on this website, under Curriculum.
From the P&C President

Fundraising BBQ and Raffle Ticket Selling

A huge thank you to all the staff, parents and students who supported our fundraising efforts over the last 2 weekends. Nearly 30 families volunteered their time and even more baked cakes for our stall. I would like to make special mention of the Stollery family who baked a large number of huge, very tasty cookies that went down a treat! Naomi Wrigley also put a great deal of time and effort into presenting her delicious chocolates, coconut ice and other scrumptious morsels beautifully! Jane Napier’s various berry preserves sold like hot cakes along with some beautifully presented melting moments. Unfortunately for Ms Reeves all the rocky road was gone before she arrived!

A total of $1900 was raised for the P&C which ultimately will be spent on your child’s education!! The winner of the Money Tree was Karen Bayliss who is not part of the Muirfield community, but is part of our local community that supports our great school. It was great to see students participating and having fun while doing so. A couple even suggested that some of the funds raised could be used to thank them for their time! They will be, but not directly and not only for their benefit!

For those who enjoyed themselves and those who don’t want to miss out on the fun next time, we have another BBQ planned for Sunday 14 September at North Parramatta Bunnings. Put the date in your diary NOW! More details to come.

Working Bee

Another working bee has been planned to distribute the second half of the huge pile of mulch left when the dangerous trees were removed from the school site. If you have a wheelbarrow and/or some gloves please come and help us reclaim some car parking and look after our gardens. If time permits, weeding and other general tidying up around the school will also be undertaken.

If working in the garden isn’t your thing then come and lend a hand tidying out the P&C store shed. There are boxes of old paperwork that haven’t been looked at for years! Feel free to bring children who would like to help maintain the beautiful bushland feel of Muirfield.

Saturday 9 August
10 am until 2 pm.
P&C Meeting
With school holidays during July, there was no P&C meeting. Our next meeting is in August and we will have a presentation from the HSIE faculty. I hope you can join us.

**Next Meeting**—Wednesday 13 August 7.30pm
Muirfield High School Staff Common Room

Uniform Shop Update
Owing to the removal of signatures for verifying credit card ownership, the uniform shop will also be required to use pin numbers for all EFTPOS transactions. If you choose to send an order form with credit card details, you will now be required to provide your CCV code found on the back of the credit card on the order form. See the order form included on the website.

Contact List Update
P&C is currently updating its email distribution list. If you would like to be included so that you stay up-to-date with what is happening, please email Muirfield.p.and.c@gmail.com and we will be very happy to add your name. If you would like to help out on any of our subcommittees, or simply be informed of what is happening, please let us know in your email.

Ezicover -
recyclable, reusable book covers available in a variety of sizes and colours. These covers are much easier to use than plastic or contact, taking less than a minute to put on. They are made from some recycled materials and can be used over and over again. Order online and make sure you use the code given on the info sheet to ensure Muirfield receives 10c per book cover!
Year 10 and 12 Careers Expo

In the last weeks of Term 2, both Year 10 and Year 12 students were given the opportunity to attend a Careers Expo. These expos give students the chance to talk to experts in their field, whether it is employment, further study at university or other providers and even just to get an idea of what is out there for them after school.

Our students enjoyed talking to the Defence Forces, who always bring along some of their tools of the trade. Other popular stands included TAFE, who were giving hands on hospitality demonstrations, and also special effects which meant that some of our students returned to school wearing some very authentic looking wounds!

Seminars on topics such as Subject Choice for Year 10 and UAC putting in your preferences for Year 12 students were well attended. Being able to talk to so many organisations under one roof makes it much easier for students to make informed decisions. Certainly, judging from the bulging bags students brought back from the expo, the information available was useful.

Mrs Scott
Careers Adviser
Year 12 English Fundraising Campaign

What do you get when you cross thirteen Year 12 boys and some puppies in need?

A great idea for some fundraising.

Last semester the Year 12 English Studies class were tasked with running a fundraising campaign as part of their assessment for the compulsory HSC module for this course, ‘We Are Australians – English in citizenship, community and cultural identity’. The class was given the opportunity to choose which causes they wanted to support and what sort of activities they wanted to undertake. After some lively discussion, they decided to work as one team to raise some much needed funds for the RSPCA and the Seeing Eye Dogs division of Vision Australia.

To help develop their understanding of these organisations and the work that they carry out, we were lucky enough to have representatives from both organisations visit our class. The highlight for everyone was meeting ‘Biscuit’ the PR representative from Vision Australia (a very well behaved and friendly Golden Retriever). These visits not only helped to make the purpose of the fundraising clearer, but also inspired each of the boys to do his part so that we could make as much money as possible.

The class took on the task enthusiastically, with everyone being responsible for the planning and running of a fundraising event. It was wonderful to see these students step up and take ownership of their part in the project. Some outstanding leadership skills were shown, but more importantly, they displayed excellent teamwork, working together for a common goal.

Last week we had Kelly Walton from the RSPCA, as well as Peter Longhurst and Biscuit from Vision Australia come and visit us to accept the funds we had raised for each organisation. Their appreciation for our donations was only matched by how proud I was of the class. A special thanks goes to Mr Grant for all his support during this project.

Well done, boys.

Ms Dykes

North Rocks Public School  New Security fence

You may have noticed that North Rock Public School has a new security fence. Mr Harker, Principal of North Rocks PS, has asked that I let our community know that the gate at Don Moore Reserve will be locked. Please do not use the primary school as a thorough-fare. If students are found on the primary school grounds they may be asked to leave unless they are collecting a sibling. Those students will be on their best behaviour and will not take a group of friends through the primary school.
Life After Muirfield – a note from last year’s school captain Justin Whittle

A quick update on what I have been doing since I left Muirfield last year. I am now a first year student at UWS Hawkesbury studying the Bachelor of Natural Science (Food Security and Agriculture Sustainability).

Studying at UWS Hawkesbury has given me some amazing opportunities. I have attended many events and conferences including the Good Food, Good Health Forum at Sydney University; the Crawford Forum at the NSW Parliament House; the SFFA Oxfam Grow Campaign Meeting at Sydney. I am also involved in promoting the study of agriculture and sustainability, having volunteered at the Sydney Royal Easter Show and at Tocal Agricultural College NSW. I am currently leading a project with Sustainability Department at UWS at River Farm creating a Food Bowl for the Hawkesbury Region, starting from scratch and bringing together agriculture students.

While doing all this I have still been focusing on my university course and picking up Social Science Electives which I really enjoy. A lot of these activities I do in my Uni break and during my study periods. I take any opportunity that comes my way. Getting exposure and networking with industries and companies is the biggest thing I am getting involved in. My advice: the trick is don’t chill, be a leader and do as much things as you can handle.

Now the most important thing at university is to ASK AS MANY QUESTIONS AS POSSIBLE. There’s no point being quiet. MAKE SURE YOU’RE NOT JUST A NUMBER.

Life after high school is so different to the environment at school and I now realise how well I was looked after. The level of support after school is not the same. Make sure you speak to the careers advisor and ask as many questions as you can. This helped me a lot. Mrs Scott is the best. A lot of people ask me why I am doing agriculture when I didn’t even do agriculture at school. My response is usually the same, DON’T LET PEOPLE TELL YOU WHAT YOU ARE, go with that gut feeling of yours. I did and I can honestly say it has been the best decision I have ever done. I passed my first semester getting a distinction in Chemistry and I hadn’t done chemistry since year 10 which also just proves anything can happen.

To Year 12 I say, enjoy your last year at high school. I really loved it, and didn’t stress myself out because I knew it wasn’t the end of the world. That last year was the best I have to date, so please just enjoy being you.

I learnt a lot about leadership at School and realised that not everyone is going to like you, but it’s what you make of yourself that determines who you are. If you want something, go get it and stop at nothing - that’s the kind of attitude I have had and I think I been given the opportunity to be involved in many different activities in a short time and I have accomplished a lot. I was also awarded two Scholarships to do my course, Neville Amy Scholarship UWS and Agriculture Smart Start Scholarship UWS. This was a relief for me.
Also ‘BUT NONE OF THIS COULD HAVE BEEN DONE WITHOUT THE SUPPORT OF MY GREAT YEAR ADVISOR MISS FRAME WHO SUPPORTED MY GROWTH THROUGH HIGH SCHOOL. Because of her nurturing nature and the kindness she showed to me, she has made me a better person.

Stop Press!
The Concert Band competed in the Ryde Eisteddfod yesterday and came 2nd. Also the Clarinet Quartet was Highly Commended. See the next newsletter for the full story.

Permanent markers are banned from school. If found on a student it will be confiscated.
Download your Student ID card to your Phone via the Free Key Ring App!!

Do It!!

How to add card to App:
- Tap “+” to add
- Place barcode in window to scan
- Select Program
- Select “Other program not in list”
- Add “Title” of card
- Scroll down to “Create Card”
- Select yes to “Would you like to add picture”
- Take photo of front of card
VP Day (Victory in the Pacific Commemoration)

Epping RSL sub-Branch members, families and friends will be attending a Commemoration Service in the Epping Club ballroom at 2:00 pm on Sunday 10th August 2014, where the officiating officer will be Commodore N. Helyer MBE RAN Ret’d. Immediately following the Service, a wreath-laying ceremony will take place at Boronia Park, to which a cordial invitation is extended to families and Community groups.

On Thursday 15th August 2014, a Remembrance Service, commemorating the 66th Anniversary of Victory in the Pacific will be held in Boronia Park, Epping at 10:15 am. This Service is in remembrance of those who paid the supreme sacrifice, so that we may enjoy peace. The Epping sub Branch President, Mr. John Curdie OAM and the sub-Branch Committee extend an invitation to attend the ceremonies, to everyone who wishes to honour the memories of those who served and those who did not return.

National Self-Detection program for Scoliosis

July and August are the months where all Year 7 and 9 girls can participate in the National Self-Detection Program for Scoliosis (NSDP). A brochure on NSDP can be found on the following two pages of the newsletter or, alternatively, can be accessed directly on the Scoliosis Australia home page:


Scoliosis (spinal curvature) is an important health problem for adolescent girls and 25 per thousand are at risk of developing a significant curve. Three girls per thousand require active treatment (spinal brace or surgery). Because in the early stages the condition is most often asymptomatic, screening in the ages range of 11-13 years is a sound preventative health measure.

The website www.scoliosis-australia.org contains credible information about scoliosis. Through the forum girls and their parents can obtain general advice from certified specialists who manage patients with spinal curvature. The forum is a useful resource in providing searchable information posted by its members regarding the different aspects of scoliosis. It offers a strong support base for adolescent patients with scoliosis and their parents. Healthcare professionals and other interested parties can discuss the NSDP in the forum.
ADOLESCENT SCOLIOSIS
SPINAL CURVATURE

The National Self-Detection Program

Information for schoolgirls in years 7 and 9 and their parents

A health promotion program recommended by the Spine Society of Australia.
The program is endorsed by the Paediatric and Child Health Division of the Royal Australian College of Physicians.

WHAT IS SCOLIOSIS?
Scoliosis is a lateral or sideways curve of the spine. It usually occurs on its long axis, ie it curves. It usually develops during early adolescence (age 10-13 years) when growth in height is most rapid.

WHAT IS THE CAUSE OF SCOLIOSIS?
The cause is unknown, but 80-90% of cases occur in otherwise healthy adolescents. It is called idiopathic (cause unknown) scoliosis.

We know that scoliosis is NOT contagious and NOT caused by bad posture, a soft mattress, carrying a heavy school bag or junk food.

WHY IS EARLY DETECTION IMPORTANT?
While very small curves are common and of no significance, about 25% of girls have a curve which warrants medical observation during the growth period. Three girls per 1,000 will require treatment during the growth phase. If treatment is required, the earlier it is undertaken, the better the long-term result.

This is the basis for screening since the early stages of scoliosis produce no symptoms. The way to detect scoliosis is to look for it!

WHY THIS BROCHURE HAS BEEN PRODUCED
This brochure is designed to make parents of schoolgirls aware of the outward signs of scoliosis. From now to tune all government and semi-government schools in Australia will be asked to distribute it to girls in Years 7 and 9 (11 and 13 years of age in most states and territories).

HOW SCOLIOSIS IS DETECTED
Apart from the outward signs with a teenager standing as illustrated, the reliable Forward Bend Test is used in the diagnosis of scoliosis. This simple visual examination requires the teenager to stand with the feet together and parallel and bending forward as far as she can go with the hands, palms facing each other, pointed between the two big toes. In scoliosis, one side of the upper chest (thoracic) region or the lower back (lumbar) region will be more than 1 cm higher than the other. The prominence is most often on the right side in the thoracic region. If the difference between the two sides is less than 1 cm, it is highly unlikely that a significant curvature is present and the difference is simply due to asymmetrical growth of the two sides of the body. This is called normal asymmetry and is of no significance.

WHAT ABOUT BROTHERS AND SISTERS?
Scoliosis tends to run in families. When a curvature is detected in one member of the family, other children should also be examined by the family doctor. If there is a history of a blood relative, especially a female cousin, having been treated for scoliosis by brace wearing or surgery, then this strengthens the case for spinal examination in a regular health check between 10 and 13 years of age.

Scoliosis which requires treatment is far less common in boys than in girls. The ratio of boys to girls requiring treatment is about 1 to 10.

IS TREATMENT SUCCESSFUL?
Yes, modern methods produce excellent results when a curve is detected early. In most cases, an inconspicuous spinal brace is worn. Surgery is needed in only one out of three cases which require treatment.

There is no scientific evidence that physical therapy (exercise program) and spinal manipulation (chiropractic adjustment) will either correct a scoliosis or halt its progression.

WHAT WILL HAPPEN IF SCOLIOSIS IS NOT TREATED?
The curve may increase uncontrolled during the growing years. Moderate and severe curves may also increase in adult life. Some curves may increase with pregnancy. Severe pain, physical deformity and weak and poor posture may occur during middle life. Early detection is important for a healthy future.

HOW DO YOU DETECT SCOLIOSIS?
Simply look for it! It only takes 30 seconds.

Visit our website
www.scoliosis-australia.org

The National Self-Detection Program is supported by
Mobile Phone and Electronic Devices Policy

It is accepted that many parents wish students to have mobile phones in their possession during the school day and electronic devices can be a learning tool. For this reason there is no ban on possession at school.

The school only has an issue should a mobile phone or other electronic device be used inappropriately. Inappropriately means it:

- Disrupts or is likely to disrupt the school learning environment,
- Is used to bully or intimidate through calls, SMS, Text message, photographic, video, recording others without their permission, or other data transfer.

Theft or damage:

- Students should mark their mobile phone clearly with their names.
- To reduce the risk of theft during school hours, students who carry mobile phones are advised to keep them well concealed and not ‘advertise’ they have them.
- Mobile phones that are found in the school and whose owner cannot be located should be handed to front office reception.
- The school accepts no responsibility for replacing lost, stolen or damaged mobile phones. Students bring these devices to school at their own risk.

Inappropriate conduct:

- Any student/s caught using a mobile phone to cheat in examinations or assessments will face disciplinary action.
- Any student who uses vulgar, derogatory, or obscene language while using a mobile phone will face disciplinary action.

Students with mobile phones may not engage in personal attacks, harass another person, or post private information about another person using SMS messages, taking/sending photos or objectionable images, and phone calls.

To view Muirfield High School’s Mobile Phone & Electronic Devices Policy visit our website:

Muirfield High School Uniform Shop

Price List/Order Form

2013/2014

as at 1st June, 2013

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Total Amount Owing $ __________

Payment can be made by Cash, Cheque or Visa/Master Card

Uniform shop hours are: Monday 12.30 pm to 1.30 pm
Thursday 12.30 pm to 1.30 pm
1st Monday night of the month 5.30 pm to 7 pm
(except where the 1st Monday falls during school holidays)

CREDIT CARD PAYMENT

Visa □  Mastercard □

Card No.: __________________________

Expiry Date: ____________

Amount: $ ____________

Cardholder's Name: __________________________

Cardholder's Signature: __________________________
The Public Education Foundation has just opened the biggest ever round of scholarships for students in public schools. Fourteen scholarship categories have opened, exclusively for students attending public schools.

Our scholarships are about focusing on the different kinds of support and encouragement that individual students need.

Do you a student who might benefit? Let them know about the upcoming opportunities.

On average the Public Education Foundation’s scholarships provide students with payment of approximately $3000 to be used for educational purposes.

Scholarships for students currently open for applications are listed on the next page. Applications will close on 3 October.
The Medich Foundation Elizabeth H Blackburn Scholarship is for outstanding year eleven or twelve students in Western or South Western Sydney interested in pursuing a career in medical science.

The Walter and Eliza Hall Trust Opportunity Scholarship provides support to students with a physical disability to make the transition from high school to tertiary study.

The Harding Miller Foundation Scholarship supports students in early high school to help them achieve their potential.

The First Seeds Scholarship provides financial support to a senior high school student in taking their first steps towards developing a successful career.

The Capital Chemist College Scholarship supports ACT students in their final year of school at a secondary college.

The Malala Yousafzai Scholarship supports hard working students in the middle years of secondary school who have a strong belief in the power of education to change lives.

The Friends of Zainab Scholarship helps support year eleven and twelve refugee students through the critical years of their High School Certificate and also provides financial assistance for a student’s first two years of full time study.

Mamma Lena and Dino Gustin Foundation Scholarship encourages students to pursue the study of Italian language, providing winners with a six-week intensive Italian language course in Rome.

The Unions NSW Metropolitan Scholarship and The Unions NSW Rural and Regional Scholarship support outstanding NSW public school students with an interest in unionism and social justice.

The Trades & Technology Opportunity Scholarship provides financial support through years eleven and twelve to a student interested in a career in trades or technology.

The Australian Science Olympiad Summer School Scholarship provides support for eligible students to attend the prestigious Australian Science Olympiad Summer School.

The Emorgo Scholarship for Music assists a talented musician commencing study at the Conservatorium High School in Sydney.

The Patricia Long Conservatorium High School Scholarship supports a young talented musician in financial need who is attending or enrolling at the Conservatorium High School.

The J Holden Family Trust Scholarships provide support for students commencing at the Conservatorium High School in 2015.

Download a Scholarship flyer
The Principal
Muirfield High School
Barclay Rd
North Rocks NSW 2151
26 June 2014

Dear Jennifer

Lions Recycle for Sight

Over a very long period of time, the worldwide Lions organisation has generated many millions of dollars to assist the world’s poor with all the multitude of diseases afflicting the eyes, from its network of Lions clubs in 208 countries.

One of those initiatives is the collection of pre loved frames.

Drawers and cupboards around the countries involved, without too much searching, have been found to be full of such treasures. There they lie waiting to be discovered and sent to someone who cannot afford to buy them.

Australia, North Rocks/Carlingford in particular, is no exception and this is where we seek your help.

If each parent needing glasses, donated just one unused pair to their student child, imagine how many the school community could provide for our quest.

We propose that we collect them on Monday 22 September 2014 or sooner if your school runs out of storage space.

Your contact person will be Reg Armstrong, phone 98724491 or 0408256018.

The question is, can you help us help them

Yours very sincerely

Henry Jones, president
## Term Three 2014

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
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<tbody>
<tr>
<td>August 4</td>
<td>Yr 11 Hospitality, Construction &amp; IDT Work Placement</td>
<td>Yr 11 &amp; 12 Entertainment Students Frist Aid Course</td>
<td>Australian Maths Competition All Yr 7 &amp; Yr 9 Boys vaccinations</td>
<td>Yr 12 Practical Drama HSC Trial Yr 12 Dance Practical Exam</td>
<td>Yr 8 &amp; 10 Subject selections due</td>
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<td>August 5</td>
<td>MADD rehearsals &amp; performances—all CAPA students</td>
<td>Resilience Donut with North Rocks Primary</td>
<td>Yr 10 Subject Samplers</td>
<td>Student Executive Selections</td>
<td>Yr 10 Cross Roads Excursion</td>
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<tr>
<td>August 6</td>
<td>Yr 11 Construction Work Placement</td>
<td>Resilience Donut with North Rocks Primary</td>
<td>Yr 10 Subject Samplers</td>
<td>Student Executive Selections</td>
<td>Yr 10 Cross Roads Excursion</td>
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<tr>
<td>August 7</td>
<td>BRAVO</td>
<td>Resilience Donut with North Rocks Primary</td>
<td>Yr 8 Mind Matters</td>
<td>Yr 10 Cross Roads Excursion</td>
<td>Swimming with Shakespeare Performance</td>
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<td>September 8</td>
<td>Yr 12 Ancient History Excursion</td>
<td>Yr 11 Prelim Exams</td>
<td>P&amp;C Meeting</td>
<td>Yr 10 Subject interviews Swimming with Shakespeare Performance</td>
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<tr>
<td>September 9</td>
<td>Yr 9 Mind Matters</td>
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<tr>
<td>September 10</td>
<td>Yr 11 Prelim Exams</td>
<td>Yr 12 Graduation</td>
<td>Yr 12 Formal</td>
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<tr>
<td>September</td>
<td>Holidays</td>
<td>Yr 12 Graduation</td>
<td>Yr 12 Formal</td>
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<tr>
<td>September/October</td>
<td>Holidays</td>
<td>Yr 12 Graduation</td>
<td>Yr 12 Formal</td>
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## Term Four 2014

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<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>October 1</td>
<td>Labour Day Students return to school</td>
<td>P&amp;C Meeting</td>
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<tr>
<td>October 2</td>
<td>HSC written Exams start</td>
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<td>October 3</td>
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<tr>
<td>October/November 4</td>
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**CRICKET is on the RISE AGAIN!!! We've won back the ASHES .... beaten the South Africans & our girls are world champions again!!**

**CARLINGFORD WARATAH CRICKET CLUB** caters for Beginners, Junior Boys and Girls and adult players of all ability levels.

**Registration Days for both Junior & Senior players in 2014**

Sun 3rd Aug 2014 10am-2pm at CARLINGFORD BOWLING CLUB

Sat 9th Aug 2014 10am-2pm at Westfield Nth Rocks (outside K-Mart)

**Juniors** – we offer an "In2Cricket" fun beginners program for boys & girls 5-8 years over September-December 2014 (10 week program). Modified short format games start at U/9s with rules maximising participation across U/10 – U/16s. Family discounts available.

**Seniors** – played on Saturday afternoons with grades from 5ths up to 1sts (played on TURF) catering for all ability levels. Senior age high school students 15 years + welcome

Go on... become a WARATAH in 2014!!

Michael BARRY (0419) 018 875 or michaelbarryst26@hotmail.com

Or visit our website carlingfordwaratah.war.cricket.com.au

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**HORNSBY DISTRICT SOFTBALL**

**COME AND TRY DAY**

Sunday 10th August 2014

10:00am – 1:00pm

Oakleigh Park, Thornleigh

Females all ages

Teeball from age 5 years for girls & boys

**SUMMER SEASON**

**SEPTEMBER TO MARCH**

**2014**

www.hornsby.softball.org.au

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**BOYS GIRLS**

**HORNSBY JUNIOR TOUCH**

FOXGLOVE OVAL, Mt Colah

Start - Wed 10th September

Finish - Wed 29th November

10 Week Comp

Playing Shirt included

No games in school holidays

Check our FAQs page for more info

www.hornsby.mytouchfooty.com

**OZTAG SYDNEY JUNIOR OZTAG**

**“GET TAGGED YOU’LL LOVE IT”**

Registration fees: $70 per place

Oztag shorts: $25

Team Shirts: $15 Polyester, $10 Cotton

NOTE: Registration is available for teams and individuals.
Please do not drop your children off in the school car parks. There are deliveries and staff accessing the car park at different times during the day and the access is very narrow. For the safety of the children do not use the car park as a drop off or pick up point unless called to collect a sick or injured child.
Can your Students Climb Sydney’s Tallest Building?

We would love to invite your students to be part of the ‘School’s Challenge’ at this year’s Sydney Tower Stair Challenge on August 24. This is a great chance for teams of 4 to take on the 1504 stairs from Pitt Street Mall to the Observation Deck at the Sydney Tower Eye. **Participants have to be 12 years or older.**

Each stair climbed will assist Giant Steps who operate a school and intervention service for children and young people (2-20) who have been diagnosed with Autism Spectrum Disorder.

For more information and to register simply go to [www.active8change.com.au](http://www.active8change.com.au). Alternatively you can contact Steve Corrie at Active8Change on 0439 975 759 for specific event day information or Michelle Jocum at Giant Steps on (02) 9879 4971.
Parramatta Boys squadron of the Australian Air League located at the AAL Hall 20 A Jubilee Mane (off Marion Street), Harris Park, conducts a recruiting drive/open night every Wednesday commencing at 7.30pm. To any boys interested, their parents are cordially invited to come and see what we are all about.

- The aims of the Australian Air League are to:
  - Promote and encourage the development of aviation in the youth of Australia.
  - Promote good citizenship.
  - Promote ingenuity and resourcefulness of its members.
  - Develop the physical and mental abilities of its members.

We run a variety of activities which include Model Making, Aviation Subjects, Parades, Outings, Camping, First Aid and Flying.

For further information regarding the Parramatta Squadron please call the Officer Commanding Charles Majarian on (02) 9723 8225 or the State Headquarters on (02) 9153 7415.
Financial Counselling Service

It's best to seek help early so your problems don't get out of control.
Financial counselling can:
• help relieve your stress,
• help resolve your immediate financial problems and
• help you plan for the future.

Financial Counselling Services
Naremburn Family Centre
Main contact:
(02) 8425 8700
e-mail: naremburnfc@dbb.org.au
40 Merriburn Avenue
Naremburn NSW 2065
Monday to Friday
9:00am – 5:00pm

Brookvale Family Centre
(02) 8966 5100
Unit 9B, 44 Wattle Road
Brookvale NSW 2100
By appointment
9:00am – 5:00pm

If you require an interpreter, please call
TIS National 131450

Brought to you by:
CatholicCare
www.catholiccaredbb.org.au

Free
Financial Counselling Service
We can help you get back on track financially.

About us
We provide FREE, independent and confidential financial counselling to anyone having difficulties managing money.
Our Financial Counsellors can assist by helping you:
• prepare a budget or money plan,
• manage debt,
• set financial goals,
• understand your rights,
• negotiate with creditors.
We have offices in Naremburn and Brookvale.
The financial counselling service is funded by the NSW Office of Fair Trading.
Our services are FREE.

What can a Financial Counsellor do for you?
Financial Counsellors can:
• Listen in a non-judgemental and caring manner.
• Analyse and assess your financial situation.
• Give you information about credit and debt issues.
• Involve you in the process as much as possible.
• Help you develop a plan to improve your situation.
• If appropriate, act as an advocate for you and negotiate with the people you owe money to.
• Refer you to other services if necessary.
• Provide information on bankruptcy and assist you to explore alternatives.

What we can't do
A financial counsellor is not:
• A legal advisor,
• A mortgage broker,
• A financial planner,
• A money lender or
• An investment counselor.

Where you'll find us
Local Government Areas we cover:
Hunters Hill
Lane Cove
North Sydney
Mosman
Maroubra
Willoughby
Warringah
Pittwater

We are easy to contact:
Phone: 8425 8700
e-mail: naremburnfc@dbb.org.au